

Sidonia Om Dunia Presents
Beli Danse Hafla 2014 *Weekend with the Masters*

November 7th, 8th & 9th

All events are at the **Basque Center**
611 W Grove St Boise Idaho

Featuring three days of workshops with her favorite instructors

10:00 p.m. to 4:00 p.m. Friday,
9:00 a.m. to 2:00 p.m. Saturday & 9:00 a.m. to 4:00 p.m. Sunday!

Aneena * Dancing with Props and Veil Single & Double
Thia* Finger cymbals to accent your dance
Nabeela Al Shalimar* Finding the Sensual You
Mezdule* Stage Presence and Sword Single & Double

Dunyah and Omar Live Music Performance Techniques*

Nadira Luscious Layers and Egyptian 8 count Combos*

*Sidonia Om Dunia * Andalusian and Turkish Skirt Technique*

Shop the Multi-cultural Bazaar

Friday, Saturday & Sunday!
Free admission to the Bazaar from 1 to 5 on Saturday.

Aneena's Silk Veils, Bellydancing By Thia, Gaylene's Boutique, Samira's Souk, Henna by Mearah and Beli Babes Bazaar.

Performances by Workshop Instructors, guest artists from around the Northwest and the Treasure Valley's finest dancers.

November 7th

*** Meeting of the Tribes ***
7:00 p.m. to 10:00 p.m. Friday

Evening Shows \$10.00 per person

November 8th

*** Hafla Showcase ***
2:00 p.m. to 5:00 p.m. Saturday
Shop the Bazaar while you watch

Open to all free

November 8th

*** Beli Danse with the Stars ***
7:00 p.m. to 10:00 p.m. Saturday

Evening Shows \$15.00 per person



American Cancer Society will benefit from this event

*** Hafla – party with dance and fun.**

Dance With Joy

Basque Center ★

Downtown Boise 611 W Grove St Boise Idaho

Directions :

Coming from the North or West: on I-84 E/US-30 E toward BOISE take I-184 E via EXIT 49 toward I-184 CITY CENTER, turn left on Capital Blvd, turn right on Main st, turn Right on 6th, in the Basque Block 6th and W Grove. Parking on the corner \$5 all day.

Coming from the South: Follow above directions or Take Vista Exit, Turn Right follow Vista north to Capital Blvd, continue as above.

We have a recommended Hotel

Please book your room before October 31, 2014 to guarantee space.
Ask for Beli Danse Hafla 2014

Rodeway Inn ★

1115 N Curtis Rd, Boise Idaho (208) 376-2700 www.rodewayinn.com

Directions : on I-84 E/US-30 E toward BOISE take I-184 E via EXIT 49 toward I-184 City Center, take Curtis Exit 2, Turn Right onto Curtis, Turn Right
They have a complimentary breakfast and a fun lounge with live music for later! Pet friendly.

Thank you for your dedication to our art form.
Workshops & Dance Showcase Sponsored by Wild Women of the Arts.
SidoniaOmDunia.com Omdunia@aol.co

Hafala Information on Instructors and Workshops

Sidonia is an award winning performer and director/choreographer for Beli Danse Academie in Boise Idaho. Her multi-cultural life and dance experiences have created Sidonia's Classic Style with a contemporary twist. She is celebrating over 35 years of performing and teaching this amazing art form. Sidonia Om Dunia has an amazing gift of stage presence along with powerful technical skill. She has been a popular workshop instructor in the greater Pacific Northwest because of her ability to clearly explain concepts and techniques for all levels.

Friday November 7, 2014 10:00 a.m. to 11:30 a.m. Sidonia * Andalusion & Turkish Skirt Technique

Mezdulene is an internationally acclaimed performer and instructor, with a career highlight of dancing in Luxor and Cairo, Egypt. She is a master teacher, a teacher of teachers who has touched many thousands of lives during her career. She is the editor/owner of Jareeda Magazine, the owner of the Mystical Oasis Dance Studio, in Sutherlin, Oregon and has produced 6 instructional videos and is the sponsor of her annual belly dance retreat, Belly Dancer U.S.A. competition. A master of Sword she will share her original technique of double and the secrets of stage presence with sword.

Friday November 7, 2014 12:00 p.m. to 2:00 p.m. Mezdulene* Sword single & double & Stage Presence

Nabeela has performed throughout the USA, Canada and Turkey. She is a certified instructor of the Jamila Salimpour method and has taken master classes with many of the Luminaries of Mid-eastern dance. Madam Shalimar has developed a style that is true to the culture and highly entertaining. Improvisation, percussive, earthy, just like home, reflective, sensual, and fiery are just a few of the adjectives applied to her. Called "A Diva of Distinction" Nabeela is able to maintain the spirit of the ancient dances of the Middle East and North Africa while remaining on the cutting edge. Ms Shalimar shares her extensive knowledge, vast experience and unique perspective with an easy-going, supportive blend of wit and wisdom. Nabeela's workshops are always more than just steps. She showed how to layer your movement with your music to create a fluid multi-dimensional performance. In the process of learning technique we discovered many layers of our own hidden depths.

Friday November 7, 2014 2:30 p.m. to 4:00 a.m. Nabeela * Finding the Sensual You

Thia belly dancer extra-ordinaire, has emerged as one of the brightest stars in Utah. She is the owner of the "Egyptian Dance" studio, "The Belly Dance Boutique", "Touch of Magic" belly gram company and has performed in Greece, Germany and Turkey. Early in her life, Thia was exposed to Middle Eastern dance in an ethnic community in New York City. Her family's attitude instilled in her an appreciation for the varied cultures of the many faces of our world. Her style of dance bears a strong resemblance to Egyptian and Turkish Cabaret. Learn the zill pattern while you learn the combo! Go beyond the basics and spice up your performance with finger cymbals. Something for everyone, from the beginner to the intermediate and advanced dancer.

Saturday November 9, 2014 9:30 a.m. to 11:00 a.m. Thia * Finger Cymbals to accent your dance

Nadira has become one of the most passionate, elegant and dynamic Middle Eastern performers in the U.S. Having graced many audiences throughout the U.S., Canada, Turkey, Egypt and abroad, her dance is graceful, seamless and multi-faceted. As testament to her expanding dance repertoire, she has laid claim to multiple national titles, and most recently, Saqra's International Ambassador of Belly Dance Competition (IABDC) 2014/2015 Instructor of the Year: Instructor of the Year - Belly Dancer USA - Belly Dancer of the Year - Sisterhood of the Dance - Double Crown Belly Dance Performing Artist - Emerald Rain - Entertainer of the Year. Nadira is featured in IAMED's "Bellydance-O-Rama 2" DVD and Peko's "The Magical Art of Bellydance", both filmed in Hollywood. She is also featured in the performance DVDs "By Dancers for Dancers, Volumes II & IV" and the instructional "Combination Nation, Vol 3". Nadira has also shared the stage with the Bellydance Superstars. Nadira shows you how to build your dance starting with your feet and working your way up. Fun and exciting musical interpretation, luscious layers, super shimmies, interesting isolations, and dramatic breaks!! You will leave with a GREAT work out, and exciting new combos and moves that you can use anywhere in your dance! ALL dance levels will LOVE this sizzling workshop! Play with adding up to 5 Luscious Layers to your Delightful Dance!

Saturday November 8, 2014 11:30 a.m. to 1:30 p.m. Nadirah * Luscious Layers

Aneena is well known in the belly dance community especially for her double veil and double cane. She has been dancing for over 30 years, teaching for 23, and choreographing for the "Dancers of the Desert" since 1983. She has taught workshops at many events throughout the United States including Rakkasah, Salt Lake City Dance Festival, Desert Dance Festival, Shake & Bake in New Mexico, and Wiggles of the West in Reno. Her instructional videos clearly show a master at play. Combining that with her knowledge and love of the single veil, she developed the "unique" style of double-veil as you see it being performed today. Aneena breaks down individual veil moves. She explains and demonstrates holding and "finagling" the veil and makes it clear how to do transitions.

Sunday November 9, 2014 Aneena * Veils - Single, Double & dancing with props

Nadira has been a featured performer on Persian television, toured [Turkey](#), performing and teaching in Istanbul and Antalya as well as Egypt and [more](#) recently China. Nadira began her journey as a performer at the early age of six. She has studied many forms of dance from classical ballet to hip hop to jazz. In late 1998, she was introduced to Middle Eastern dance after a car accident she thought ended her dance career. Utilizing this new medium of dance as a form of [physical therapy](#), Nadira quickly embraced this style. She incorporated her broad dance and musical background with new technical moves, and her unique style emerged.

One can see how much she truly respects, enjoys and understands Middle Eastern music in her dance. Her ability to capture the crowd with her skilled grace and playfulness has earned her the respect of the local Persian and Arabic communities.

She has the ability to intrigue the audience, yet keeps them at ease with her playfulness. Nadira is an outstanding entertainer, a sought after performer and instructor. Learn modern Egyptian combinations 8 Count Combos for all levels of dancer. Nadira will break down some of her most popular combinations adding levels of difficulty from beginning to advanced for each combo.

Sunday November 9, 2014 12:00 p.m. to 1:30 p.m. Nadirah * Egyptian 8 count Combos

Dunyah al Hannah began as a drummer/dancer in a troupe called Rajjahan in Eugene during the 80s. They did all of their own music, each dancer played something while others danced. When the troupe dissolved, She continued on with Wayne and other musicians. Dunyah always preferred live music for dancing. For her dancing is all about being in the moment and connecting with something greater. The dancing self is larger than life. Dunyah's goal is to provide other dancers with the joyful experience she had dancing to live music. She will share dance combinations which can be used for not only dancing to live music, but as a tool for improve and creating your own choreographies.

Wayne "Omar" is Americanistan's lead drummer, player of the mystical ney and rowdy zurna, creator of "caveman" bagpipes, and extraordinary singer of chants. Besides playing passionate (and sometimes funny) music for belly dancers, Wayne also writes poetry, his original composition "Fashionable New Ozone Hats," was featured on KLCC radio's Northwest Passage show for Earth Day 2005

Sunday November 9, 2014 2:00 p.m. to 4:00 a.m. Dunyah & Omar * Dumbec & live music Performance

This Drum workshop is essential to those of you curious about performing and playing for dancers. As a drummer, you will learn how to connect with the dancer and create magic. You must know the rudiments for playing hand drums and basic rhythms. This is an exceptional opportunity to study with a master. Bring your dumbecs, your Riqs and other percussion instruments.

**Sidonia presents three days of workshops to energize and delight dancers of all levels.
All are Nationally Celebrated Instructors and Performers who teach the heart and soul of our treasured art form.**

Pre-Registration for * Workshops * Hafla * Performance *

Workshop Fees are pre-registered prices Add \$10.00 for registration at the door.

Each additional workshop take \$5.00 discount per workshop if registered before October 31st. See below**

Friday November 7, 2014

10:00 a.m. to 11:30 a.m.	Sidonia	* Andalusion & Turkish Skirt Technique	\$30.00 ____
12:00 p.m. to 2:00 p.m	Mezdulene	* Sword single & double & Stage Presence	\$40.00 ____
2:30 p.m. to 4:00 a.m.	Nabeela	* Finding the Sensual You	\$30.00 ____

Saturday November 8, 2014

9:30 a.m. to 11:00 a.m.	Thia	* Finger Cymbals to accent your dance	\$30.00 ____
11:30 a.m. to 1:30 p.m	Nadirah	* Luscious Layers	\$40.00 ____

Sunday November 9, 2014

10:00 a.m. to 11:30 a.m.	Aneena	* Veils - Single, Double & dancing with props	\$30.00 ____
12:00 p.m. to 1:30 p.m	Nadirah	* Egyptian 8 count Combos	\$40.00 ____
2:00 p.m. to 4:00 a.m.	Dunyah & Omar	* Dumbec & live music Performance	\$30.00 ____

**** Workshops Discounts:**

2 = (\$5.00) ____ 3 = (\$10.00) ____ 4 = (\$15.00) ____ 5 = (\$20.00) ____ 6 = (\$20.00) ____
Sign up for all 8 workshops and get both evenings shows plus \$20 discount



Hafla Evening Shows

*** Meeting of the Tribes ***
7:00 p.m. to 10:00 p.m. Friday

*** Beli Danse with the Stars ***
7:00 p.m. to 10:00 p.m. Saturday

Tickets are required for all those attending the evening Haflas, special price break for workshop and performers.
Tickets Pre-registered before October 31st \$5.00 per day \$10.00 both days **At the Door \$10.00 per day**

Tickets: # of tickets Friday ____ x \$5 = ____ Saturday ____ x \$5 = ____ Ticket total \$ _____

Workshops \$ _____ less discounts \$ (_____) Plus show tickets \$ _____ Total \$ _____

I, hereby and forever release Sidonia Miller, the organizers, sponsors, Basque Center, from any and all liability for loss or injury incurred in association with the workshops and Hafla scheduled November 7th, 8th, & 9th, 2014.

Legal Name Dance Name

Email address Phone Number

Address City State Zip

Send Registration to: 4720 Albion St. Boise Idaho 83705, Payable to Beli Danse Academie.

Yes I wish to perform at **Beli Danse Hafla 2014**

Solo: 2-5 Min___ 6-8 Min___ **Duet:** 2-5 Min___ 6-8 Min___
Troupe: 2-5 Min___ 6-8 Min___ 8-10 Min___ Number of dancers/musicians in Troupe _____

First Dance spot ___ I can dance at any time: _____ or I prefer: Sat day 2-5 pm ___ Fri 7-9 pm ___ Sat 7-9 pm ___
Second Dance Spot ___ I can dance at any time: _____ or I prefer: Sat day 2-5 pm ___ Fri 7-9 pm ___ Sat 7-9 pm ___

We wish to accommodate as many performers as possible, so please indicate first or second time slot per group, Second spots will be placed on the waiting list until deadline of October 31st. Soloists dancing with groups will be placed with time to change so make sure to mark group affiliation. Cancellations happen and we will fill from the wait list. Please indicate if you will be dancing to live music.

There is no performer registration fee for this Show. Yes, we do ask for admission from performers. It is small (just \$5.00 per evening), and goes to help make the door price affordable to everyone. We like you to have a nice, big audience!

Workshop attendees will receive first preference.

Out of town performers, sponsors and teachers will be given priority for Saturday.

It is not a reflection or comment on your dance ability if you do not dance Saturday night.

Family friendly show. We celebrate all types of music, alternative as well as traditional and modern.

Performance or Group Name: _____

Group Affiliation if Solo or second dance spot _____

Describe Dance (Style, use of props)

Name or type of Music (General info only)

Group Members: This should be filled out with member's names as a cross reference for those also performing as small groups or solos.

I, hereby and forever release Sidonia Miller, the organizers, sponsors, and location from any and all liability for loss or injury incurred in association with the workshops and Haflas scheduled November 8th, 9th & 10th, 2014.

Legal Name	Dance Name		
Email address	Phone Number		
Address	City	State	Zip
			Date _____

For further information contact Sidonia (208) 385-0781 or e-mail Omdunia@aol.com

Send Registration to: 4720 Albion St. Boise Idaho 83705, Payable to Beli Danse Academie.

Performer's checklist

Please check in : Check in for **Friday Evening** show by 6:30 p.m..

Check in for **Saturday Evening** show by 6:30 p.m..

30 minutes before your scheduled time to perform for the Saturday afternoon showcase.

You must be dressed and in the waiting area, ready to perform **15 minutes** prior to your dance time. Don't make us hunt you down!

Music –with a performer information form

*Dance Name (phonetically spelled out)

*CD – Labeled with your name Track number clearly marked

*IPod - you must have a helper who knows how to run it

Give both the Music & performer information forms to stage manager upon check in.

We will have an official video for Fri & Sat evening. Personal Video taping is only allowed for the Saturday afternoon Hafla.

If you choose to purchase your video, you must make arrangements **before** the show begins. Ask for the video form when you turn in your music information.

If you have any questions, Sidonia 385-0781 or Cell 284-7508

This Must be filled out

Music Information for Hafla Performance. Give form to stage manager upon check in.

Dancer Name _____

Name of Music _____

Solo Duet Troupe 2-5 Min___ 6-8 Min___ 8-10 Min ___ Time _____

*CD/Ipod – Labeled with your name Track number clearly marked

Performer information form filled out with your name phonetically spelled out (again) describing you and your dance. No more than 3 lines.

Solo Duet Troupe 2-5 Min___ 6-8 Min___ 8-10 Min ___ Time _____

Dance Name _____

About Dancer _____

